

Dr. R. Shekhara Naik, Sr. Assistant Professor and Head of the department.

Dr. R. Shekhara Naik graduated and post graduated from the University of Agricultural Sciences, Bangalore and obtained Ph. D degree from the University of Mysore, Mysore.

**Area of specialization:** Food Science, Nutrition, Agriculture, child nutrition, nutrition and cognitive, community health and nutrition.

**Services:** Served Technical Assistant at NRC Cashew a unit of ICAR, Puttur, DK. From Sept.1996 to Feb 2003, Assistant Sugar cane development officer at M/S Tungabhadra Sugar Works Ltd, Shimoga. From August 1993 to Sept. 1996 and Marketing Representative, Farm Input Division, EID Parry's (I) Ltd, (Madras), Bangalore Branch office, Bangalore. From March 1993 to August 1993.

**Conducted /organized seminar:** organized a UGC sponsored regional level seminar on biodiversity for Food security in the year 2005 as *organizing secretary*. Members to the college committees and seminar organizing committees.

**Life members to academic bodies:** Association of Food Scientist and Technologists (I), Nutrition Society of India, Home Science Association of India, Indian Dietetic Association, Alumni Association of University of Agricultural Sciences, Bangalore and Alumni Association of Yuvaraja's College, Mysore.

### **Publications:**

#### **Title of Thesis:**

**M. Sc-** Agricultural Development in Rainfed Areas and Its Impact on Nutritional Status of Pre-school Children in Honnali Taluk of Davanagere District, Karnataka.

**Ph. D-** Nutritional status and scholastic performance of school children with reference to micronutrients.

#### **I. Paper published in Journal and Published in the form of book chapter**

- 1) Nutritional status and Cognitive performance of school children from Mysore taluk Karnataka. Asian Journal of Development Matters, special issue in

Behavioral studies. International Journals, CART, Karnataka, India, Vol 2, No 2, September 2008.

- 2) Influence of nutritional status of school children on cognitive performance. Annals of Nutrition and Metabolism. 55(1): 691(Impact Factor: 1.66). 01/2009.
- 3) Association between nutritional status of selected urban and rural school children and their mothers from Mysore. The Indian Journal of Nutrition and Dietetics. Vol, 49. 11. January 2012
- 4) Nutrition and Health Issues in Indian Population: Problem and Interventional Approaches. Afro Asian Journal of Anthropology and Social Policy 01/2014; 5(1):51-60.

### **Published in the form of book chapter**

Shekhara Naik R and Jamuna Prakash (2012). Nutritional status and cognitive performance of school children. Reading in developmental Psychology (Lancy D' Souza) Edited page 1 to 5. Discovery publishing House Pvt. Ltd. New Delhi.

### **II. Presented in conferences as poster and resource person paper**

- 1) Shekhara Naik R and Mushtari Begum. Nutritional status of pre-school children of rural rainfed agricultural families. 36<sup>th</sup> NSI 5-6<sup>th</sup> Nov. 2004 meet proceeding . CN 61 Page 88. National : NIN, Hyderabad2004
- 2) Shekhara Naik R and Mushtari Begum. Participation of women in household and farm activities in rainfed farming families and their Nutritional status, ICFOST, 9-10<sup>th</sup> Dec 2005 convention proceedings. BN 20 Page 23. National : ASFTI, Mysore2005.
- 3) Shekhara Naik R and Jamuna Prakash. Creating Nutritional: literacy and addressing food insecurity through midday school lunch in India: A proposal Model. Won Second Prize, International Symposium on Building Leadership Skills in Food and Nutrition Essential for National Development International: CFTRI/UNU Mysore2006
- 4) Shekhara Naik R and Jamuna Prakash. Comparison between Nutritional status of selected Urban and Rural women from Mysore taluk, Karnataka, 39<sup>th</sup> NSI- Nove. 15-17, 2007 meet proceeding. PSCN 14 Page 53. National : NIN, Hyderabad2007

- 5) Shekhara Naik R and Jamuna Prakash. Nutritional status of selected school children from urban and rural Mysore taluk, Karnataka, 39<sup>th</sup> NSI- Nove. 15-17, 2007 meet proceeding. PSCN 15 Page 54, National : NIN, Hyderabad, 2007
- 6) Shekhara Naik R and Jamuna Prakash. Food and Nutrition Security: A Study on Per Capita Food availability in Selected Urban Households of Mysore, Karnataka, 77<sup>th</sup> annual session and Symposium of NASI- Dec 6-8, 2007 meet proceeding. FSN 17 Page 39. National: CFTRI, Mysore 2007.
- 7) Shekhara Naik R and Jamuna Prakash. Association between Nutritional status and cognitive performance of school children, NSI/ISPAN- 20-22<sup>nd</sup> Nov. 2008 conference proceeding. PSCN18 Page 89. National: NIN, Hyderabad, 2008
- 8) Shekhara Naik R and Jamuna Prakash. Influences of nutritional status of school children on cognitive performance, 19<sup>th</sup> International Congress of Nutrition.4-9<sup>th</sup> October 2009. IUNS, Bangkok, Thailand., 2009. (*International*).
- 9) Shekhara Naik R and Jamuna Prakash. Anthropometric indices school children on cognitive performance, NSI/ SVU Tirupati. 16 to 17 /11/2012
- 10) Shekhara Naik R and Jamuna Prakash. Somatic status of selected women from urban and rural areas of Mysore. NSI/ SVU Tirupati. 16 to 17 /11/2012.
- 11) Shekhara Naik R and Jamuna Prakash. Study Of Growth Velocity Among School Children From Urban And Rural Area Of Mysore, Karnataka., 22-23/11/2013, NSI/ NIN,Hyderabad.
- 12) Shekhara Naik R and Jamuna Prakash. Dietary Adequacy Among Women From Urban And Rural Area Of Mysore, Karnataka. 22-23/11/2013, NSI/ NIN,Hyderabad
- 13) Shekhara Naik R. Nutrition and health issues in Indian Population: Problem and interventions. CSSEIP, University of Mysore. 27<sup>th</sup> and 28<sup>th</sup> December, 2013 (*Resource person*).
- 14) Shekhara Naik R and Jamuna Prakash. Influence of age on the cognitive performance of school children. HD, DOS in FS&N, UOM, MGM. 6-7<sup>th</sup> March, 2014 Mysore.

- 15) Shekhara Naik R and Jamuna Prakash. Association between birth order and cognitive performance in selected school children. HD, DOS in FS&N, UOM, MGM. 6-7<sup>th</sup> March, 2014 Mysore.
- 16) Shekhara Naik R and Jamuna Prakash. Iron and zinc nutriture in children with reference to biochemical status and dietary intake. ISNNAN, CSIR, and MM Active Sci-Tech Communications. 12<sup>th</sup> -14<sup>th</sup> March 2014, Bangalore. (*International*)
- 17) Shekhara Naik R and Jamuna Prakash. Dietary intake and adequacy of nutrients among selected children in Mysore taluk. ISNNAN, CSIR, and MM Active Sci-Tech Communications. 12<sup>th</sup> -14<sup>th</sup> March 2014, Bangalore. (*International*).
- 18) Shekhara Naik R and Jamuna Prakash. Micronutrients status of selected school children from Mysore taluk, Karnataka. 2<sup>nd</sup> International Workshop on Micronutrient and Child Health (MCHWS2014). All India Institute of Medical Sciences, New Delhi, 3<sup>rd</sup> to 7<sup>th</sup> Nov 2014.no.203, page no. 61-62 (*International*).

### **III. Prize/ award:**

Won **Second** Prize at International Symposium on Building Leadership Skills in Food and Nutrition Essential for National Development International: CFTRI/UNU Mysore 2006, for the poster paper title **“Creating Nutritional: literacy and addressing food insecurity through midday school lunch in India: A proposal Model”**.

### **International training**

1. International Training programme under CASNA and UNU on Capacity Building in Food Safety and Nutritional Outreach, organized by UNU & CFTRI, Mysore, India 3<sup>rd</sup> to 7<sup>th</sup> April 2006.
2. Quality assurance in food Safety and Human Nutrition, organized by CFTRI, Mysore and Dr A R Gopal –Ayangar Educational Trust, Bangalore. 5-7<sup>th</sup> Nov. 2008.
3. 2<sup>nd</sup> International Workshop on Micronutrient and Child Health (MCHWS2014) organized by All India Institute of Medical Sciences, New Delhi.

### **National consultancy meet:**

1. Regional Consultation meet on Nutritional Advocacy for Urban school children and Adolescents, N IPCCD, South Regional center, Bangalore. 14-16<sup>th</sup> Oct. 2008.

### **Courses attended**

1. Orientation Course, UGC Staff College, University of Mysore, Mysore-
2. Refresher Course in Life Sciences, organized by UGC Staff College, University of Mysore, Mysore.
3. Two week-Appreciation Course on Food Safety for college teachers organized QCI and IGNOU- School of Agriculture, New Delhi.
4. Refresher course in Life Sciences, organized by UGC Staff College, University of Calicut, Calicut, Kerala.
5. Refresher course in Life Sciences, organized by UGC Staff College, University of Rajasthan, Jaipur, Rajasthan.
6. One week National Workshop Research Methodology in Social Sciences organized by ICSSR and DOS in Economics and Cooperation, University of Mysore, Mysore.

Served as resource person in special lecture at NSS camps, association, public program in Dussera Aharamela etc..

Worked as KSET examination observer at Kuvempu University , Shimoga in 2011 and at Women University, Bijapur in 2013.

### **Attended several international and national seminar/ symposium / conferences.**

#### **Life members to academic bodies:**

1. Association of Food Scientist and Technologists (I), Mysore (HQ)
2. Nutrition Society of India, Hyderabad (HQ)
3. Home Science Association of India, Bangalore chapter.
4. Indian Dietetic Association, Mysore chapter
5. Alumni Association of University of Agricultural Sciences, Bangalore.
6. Alumni Association of Yuvaraja's College, Mysore.